

Safeguarding Newsletter for Parents

Summer 2022

Safeguarding is everyone's responsibility, every day.



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Signposting

Telephone Support Line

Hampshire and Isle of Wight Educational Psychology (HIEP) offer a telephone support line for education staff and parents/carer. This support line is:

- Confidential
- Provided by educational psychologists (EP)
- For parents and carers

Fareham and Gosport – 02392 441497

What to expect?

When you call, a member of the friendly support team will take your details and then ask an EP to call you back.

Our psychologists are there to listen and to support with the issues that might be concerning you regarding the emotional wellbeing of a child or young person. Some people call us knowing what the issues they need help with, whilst other people find it helpful to just talk through what is happening for a child or young person.

Worried about a child?

If you're worried about a child or young person, you can contact the NSPCC Helpline for support and advice for free - call us on 0800 800 5000 or contact us online

Children can contact Childline any time to get support themselves

Get support

NSPCC

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/>

The NSPCC is a fantastic place to find help and support. There are tons of resources and it will also signpost you to other charities or support networks. They cover issues such as mental health, divorce, tantrums and working from home.

Hampshire Supporting Families Programme

<https://www.hants.gov.uk/socialcareandhealth/childrenandfamilies/supportingfamilies/aboutstf>

Jacob's Well

Local support groups in Gosport

https://www.jacobswellcarecentre.co.uk/local_support_groups_gosport.html