St Mary's Catholic Primary School

'Dat Deus incrementum'

Newsletter

Headteacher: Alison Ternan
Deputy Headteacher: Brad Page
Date: 20th March 2026

Attendance Matters
Every student. Every day.

School Attendance Our Target:- 96%
This week:- Year 1

Message from the Headteacher

Dear Parent/Carers,
It feels like Spring is trying to arrive – it has been lovely to see the children playing in the sunshine at playtime and lunchtime this week!
We have had a very reflective week this week. As a school we have been thinking about our own journey during lent. The children took part in our Penitential service on Wednesday (saying sorry) and today we journeyed with Jesus through the Stations of the cross. They were all very prayerful and the atmosphere in the hall was beautiful.
Next week Year 4, 5 and 6 are leading the school in reflective liturgies for Holy Week, please do come and join us when your child's class is leading.

I wish you all a lovely weekend – enjoy the sunshine.
Warmest wishes, Alison Ternan

SCHOOL MEALS WEEK COMMENCING:- 23rd March 2026 WEEK 3

DAY OF THE WEEK	OPTION 1 RED	OPTION 2 GREEN	OPTION 3 BLUE	OPTION 4 PURPLE
MONDAY	Cheese & Tomato Pasta	Potato & Lentil Curry	Jacket Potato	Tomato Pasta
TUESDAY	Beef Bolognese	Veggie Bolognese	Jacket Potato	Tomato Pasta
WEDNESDAY	Roast Gammon	Roast Quorn	Jacket Potato	Tomato Pasta
THURSDAY	Chicken & Veg Pie	West African Rice	Jacket Potato	Tomato Pasta
FRIDAY	Fish Fingers	Quorn Dippers	Jacket Potato	Tomato Pasta

Hot dishes are served with two vegetables and freshly baked bread.

LENT 2026 - We are in the period of 40 days before Easter - a time of reflection and preparation – before the celebrations of Easter.

St Mary's Football Team!

During a recent football match against Peel Common Juniors, St Mary's won by 5 – 0. Well Done!

Diary Dates

March 2026

24th 2.30pm Year 4 Last Supper reflection (y4 parents invited)
25th 2.30pm Year 5 Garden of Gethsemane reflection (y5 parents invited)
26th 2.15pm Year 6 Crucifixion reflection (y6 parents invited)
27th TERM ENDS

April 2026

30th March– 10th EASTER HOLIDAYS
Monday 13th April – Back to school
14th 2.30pm Year 5 Parent Meeting
CARE
16th 9am Mass – Easter
27th Year 3 swimming lessons start (10 Sessions – Monday pm)

May 2026

15th – 18th Year 6 residential – PGL
19th 9am Mass for Our Lady
20th 9am Procession for Our Lady
22nd Class Photos
25th – 29th MAY HALF TERM

June 2026

1st June – INSET day
2nd June Back to school
13th SATURDAY – sponsored fun run at school (details to follow)
16th – Sports Day
22nd –26th Year 4 residential – Stubbington
26th/29th – year 6 bikability
30th – Author Visit

July 2026

4th – SATURDAY -Summer Fayre
15th Year 6 performance (year 6 families only)
17th 3pm Year 6 water fight/pizza
20th Year 6 trip Paultons Park
21st 9am Mass
22nd Year 6 leavers assembly

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LIBRARY DAYS

Reception	Tuesday
Year 1	Wednesday
Year 2	Thursday
Year 3	Tuesday
Year 4	Monday
Year 5	Friday
Year 6	Friday

Please note:-
Children are unable to take out a new book if they have already a book registered out in their name.

PE DAYS

Reception	Friday
Year 1	Tuesday/Friday
Year 2	Wednesday/Thursday
Year 3	Thursday/Friday
Year 4	Tuesday/Wednesday
Year 5	Monday
Year 6	Monday

PE Lessons are compulsory!
Please make sure your child has their PE kit in school.

Guinea Pig Timetable 2026

Year R	23rd March
Year 6	20th April
Year 5	27th April
Year 4	4th May
Year 3	11th May
Year 2	18th May
Year 1	1st June

During your child's class week, if you have any "left over vegetables/fruit" we would be grateful for the donations.

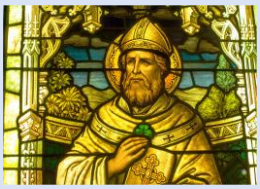
Year 2 – Great Fire Workshop

Miss Speirs arranged for "One Day,Creative!" to come into school to deliver their interactive workshop on the Great Fire of London. Here are a few pictures of the day.

REMINDER:-

Please do not email or advise through your child's SEESAW account if your child is **absent from school.** Call the school office on: **02392583979 by 9am**.

You can leave a message on the answer-machine.



Year 4 – Celebrate their Class Saint

Mr Roper organised a fun and informative day for his class on March 17th.

The children enjoyed making Soda bread, colouring Shamrocks and learning about - and then doing a quiz about the life and stories they have heard relating to St Patrick.

As we journey through Lent, the children took part in a Penitential Service led by Father Matthew on Wednesday (reflecting on saying sorry) The children were very prayerful.

Community Pride Joy

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Re-telling the Easter Story – Year 4, 5 and 6 are re-telling the Easter Story through our Holy Week Liturgies: -

You are welcome to come and share in your child's class liturgy. Please arrive 5 minutes before event starts.

Year 4 The Last Supper	Year 5 Garden of Gethsemane	Year 6 The Crucifixion
24th March at 2.30pm	25th March at 2.30pm	26th March at 2.30pm

Stations of the Cross

Today, the children learnt about the Stations of the Cross through their Liturgy readings. Please ask your child about the readings they heard today.

PTA Events

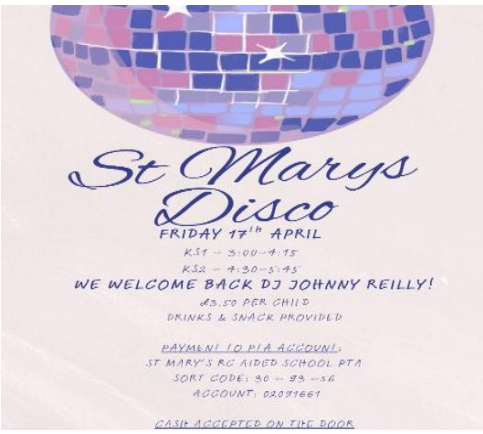
Easter Egg Competition – Decorated hard -boiled egg Entries to come in on the 25th & 26th March Only £1.00 Entry fee

16th April – Easter Bonnet Parade – Small playground at 3.15pm. ***Come along to support!***

17th April – School Disco – payment can be made **now** through the Uniform Account:-

£3.50 Ref: Child's Name **St Mary's RC aided PTA** **SC: 30-93-56** **Account: 02091661**

If you prefer you can pay cash on the door! Please try to have the correct money to hand. Thanks



Community Pride Joy

Fareham and Gosport Family Support Service Timetable Summer 2026

Day	Group Name	Age Group	Time	Venue	Frequency
Monday	Child PAACE	School ages	12.30 - 2.30 pm	Newtown School	8 week course starting 27.4.26
	Family Links Nurture	2-11 years	9.30 -11.30 am	Lee on Solent Junior School	10 week course starting 20th April
	SOS	All ages	2.30 - 6.00 pm	Virtual	Ongoing weekly
Tuesday	NVR	12+ years	9.30 - 11.30 am	Fareham Library,	8 week course starting 28th April
	Talking Teens	12+ years	9.30 - 11.30 am	Virtual	4 week course starting 28th April
	SOS	All ages	10.00 - 1.30 pm	Fareham Library	Ongoing weekly Sarah R
	Talking Teens	12+ years	12.30 - 2.30 pm	Virtual after half term	4 week course starting 30th June
Wednesday	NVR	12+ years	9.30 - 11.30 am	Fareham and Gosport Family Centre, Kent Road	8 week course starting 29th April
	SOS	All ages	10.00 - 1.30 pm	Gosport Discovery Centre	Ongoing weekly
	Family Links Nurture	2-11 years	9.30 – 11.30 pm	Fareham Library, The Makery	10 week course starting 2nth April
Thursday	Adult PAACE	Adult	9.45 - 11.45 am	Gosport Discovery Centre	10 week course starting 16th April
Friday	NVR	5-11 years	9.45 – 11.45 pm	Gosport Discovery Centre	8 week course starting 17th April
	SOS	All ages	10.00 - 1.30 pm	Virtual	Ongoing weekly

Talking Teens - 4 week course

This course is aimed at families with teenagers. The course covers the following:

- Being a parent of a teenager
- Understanding your teenager
- Communicating with your teenager
- Managing conflict

Positive and Adverse Childhood Experiences (PAACE) - Child PAACE is an 8 week course, Adult PAACE is a 10 week course

This course has been created to inform and educate parents about the impact of PAACE on them and their children. The PAACE Toolkit Programme works with people who have experienced PAACE which have resulted in emotional trauma. The course aims to assist parents to look at ways of developing positive lifestyle changes.

Family links Nurture Programme (FLNP) - 10 week course

This course covers the following:

- Emotional Health and Mental Well-Being
- Relationship Skills and Positive Behaviour Management Strategies
- Self-Awareness and Self Esteem
- Appropriate Expectations and Empathy
- Positive Discipline

Non-Violent Resistance (NVR) - 8 week course

For parents/ carers with a child who exhibits controlling or violent behaviours Is an approach for parents and other caregivers that helps to increase presence and overcome impulsive and dangerous behaviours, while reducing conflict and escalation?
It supports the creation of deep connective bonds between parent and child.
NB: This is not a restraint course

Tots Talking - 8 week virtual course

Programme developed with parents to improve the language skills of two-year-olds, with the aim of getting parents to talk more to their two-year-olds so their child will be ready to do well at nursery and school. The course encourages parents to use more contingent language behaviours such as following the child's lead and using commentary on activities rather than asking questions and giving instructions.

Stepping Out Stronger SOS (Single issue support) – 3 x 1-1 Teams calls or face to face appointments

Whether the single issue is dealing with specific problems such as managing the household, supporting healthy lifestyles or attachment and bonding, SOS can support families in finding the best solution.

- Build your skills as a parent.
- Learn how to deal with specific concerns.
- Get advice on managing your child's behaviour.

Discover new ways to help your child learn and develop.

Additional online support for parents

Back to Basics | Children and Families | Hampshire County Council (hants.gov.uk)

Togethemess | Health and social care | Hampshire County Council Portal : Hampshire Healthy Families Home | Hampshire CTSH

Strengthening Parental Relationships - Hampshire SCP

To book onto any of these sessions please use the QR code below

Fareham and Gosport Family Help Booking Form

Early Help Lead Practitioner Workshop – Oak Meadow, Nashe Way, Fareham. PO15 6NB 24th June 2026 1–2.30 pm
Gosport Home School Link Worker Meeting Monday 18th May 2026 10-11.30 am, Lee Junior School
Fareham Home School Link Worker Meeting Monday 11th May 2026 1-2.30 pm, Oak Meadow Family Centre

Hampshire County Council

If you are interested in any of the above courses, please call into the School Office where we have further information and leaflets.